

A photograph of three pregnant women. One woman is in the foreground, looking down at her belly. Another woman is behind her, also looking down. A third woman is in the background, looking to the side. They are all smiling and appear to be in a supportive environment.

Help Pregnant Women with Opioid Use Disorder

The Maternal Opioid Misuse (MOM) Model is a national project that aims to improve quality of care for Medicaid-eligible pregnant women with opioid use disorder (OUD). In Texas, MOM Model services are now available in the Houston area at Harris Health System's Ben Taub Hospital, in partnership with Baylor College of Medicine and Santa Maria Hostel.

The hospital's Maternal Perinatal Addiction Treatment (MPAT) Clinic helps women get necessary treatment during and after pregnancy, and carefully coordinates with perinatal treatment programs, peer coaches and health care providers.

MOM Model patients can access:

- Multiple specialists in one visit, including a maternal fetal medicine doctor, an addiction medicine psychiatrist and a psychologist.
- Patient-centered, comprehensive treatment plans that may include referrals to residential or other outpatient OUD treatment, medications for OUD, peer coaching and parenting support programs.
- Case management services, including a Plan of Safe Care, to document and help with recovery efforts to minimize Child Protective Services involvement.
- Specialized care from neonatologists for substance-exposed babies, enhanced breastfeeding support and services to encourage mother-infant bonding.
- An obstetric-focused anesthesiologist to plan for personalized pain management surrounding labor and delivery.

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If your patient lives in a rural area outside of Houston, they may be able to work with the clinic's community-based partners to enter residential treatment and access care at Ben Taub throughout their pregnancy.



For more information about the MOM Model or to refer eligible individuals for services, contact:

Emily Ybarra, MSN, RNC-MNN, LBSW

Nursing Program Manager
Maternal Substance Use & Outreach

Emily.Ybarra@harrishealth.org

bit.ly/referral-mom for secure referrals

Office: 713.873.2816

MPAT Clinic

Ben Taub Towers, OB Clinic, 4th Floor
1502 Taub Loop
Houston, Texas 77030

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